



Working Together for a Healthier Washington

Healthier Washington Webinar Series Kickoff
February 27, 2015



Better Health, Better Care, Lower Costs



Connecting online

- 2 Options for Audio: “Use Mic & Speakers” or “Use Telephone”
- If you plan or hope to speak, please use telephone for audio quality purposes
- There will be opportunities to submit comments/questions online and verbally. Please be prepared to speak if you would like to comment during the Question and Answer portion.



Question and Answer

- Please submit questions throughout the webinar through the question pane.
- At the conclusion of the webinar, use the “raise hand” function if you would like to be unmuted and ask directly.



Today's Agenda

- Why do we need health systems transformation?
- By 2019, we will have a Healthier Washington:
 - Strategy 1: Build healthier communities through a collaborative regional approach
 - Strategy 2: Ensure health care focuses on the whole person
 - Strategy 3: Improve how we pay for and deliver services
- Healthier Washington engagement opportunities



Today's Presenters

- Dr. Robert Crittenden, Senior Health Policy Advisor, Office of the Governor
- John Wiesman, Secretary of Health, Department of Health
- Dorothy Teeter, Director, Health Care Authority
- Facilitator: Nathan Johnson, Chief Policy Officer, Health Care Authority

Why do we need health system transformation?



Because the current system...

- Separates the “head” from the “body” —no integration between services for physical health, mental health and chemical dependency.
- Focuses on volume of services provided, not quality of outcomes.
- Is expensive, and getting more so, without producing better results.



A better system...

The current system...

- ✓ Tom, 54, is covered by Medicaid and homeless.
- ✓ He has used the ER more than 50 times in 15 months.
- ✓ He needs help connecting to housing, health care, and other services.
- ✓ ER doctors routinely repeat tests because they don't have access to health histories.

A better system...

- ✓ Tom has an outreach worker who connects him with housing, health care, and other services.
- ✓ Data systems give Tom's providers immediate access to health histories, enabling coordinated care without duplicated services.
- ✓ Effective services reduce costs.
- ✓ Tom is healthier because he gets the services he needs.



Healthier Washington is the better system

- Healthier people and communities
- Right health care delivered in the right place and time
- Lower costs with better health

Initial estimate of savings:

When the combined savings and avoided costs are estimated, adjusting our health system has the potential to save \$1.05 billion over the next five years.



Better Health, Better Care, Lower Costs

Because health is more than health care



By 2019, we will have a Healthier
Washington. Here's how.

The plan for a Healthier Washington

Build healthier communities through a collaborative regional approach

- Fund and support Accountable Communities of Health.
- Use data to drive community decisions and identify community health disparities.

Ensure health care focuses on the whole person

- Integrate physical and behavioral health care in regions as early as 2016, with statewide integration by 2020.
- Spread and sustain effective clinical models of integration.
- Make clinical and claims data available to securely share patient health information.

Improve how we pay for services

- Measure, improve and report common statewide performance measures.
- As purchaser for Apple Health and state employees, drive market toward value-based models.

Implementation tools: State Innovation Models grant, state funding, potential federal waiver, philanthropic support
Legislative support: HB 2572, SB 6312



Better Health, Better Care, Lower Costs



Implementation tools

- SIM grant: \$65 million over 4 years
- State budget: “Bridge” funding to move forward while awaiting word on SIM grant (July 2014-June 2015)
- In-kind and philanthropic support
- 2014 bills to support Healthier Washington:
 - HB 2572: Performance measures, communities of health, all-payer claims database
 - SB 6312: Integration of physical and behavioral health



Healthier Washington grant budget

Federal State Innovation Models (SIM) grant through the
Center for Medicare and Medicaid Innovation (CMMI)

\$65 million over four years



Healthier Washington grant timeline

February 1, 2015 – January 31, 2019

Years 2 to 4: testing and rapid-cycle improvement

Year 1:
Design Work

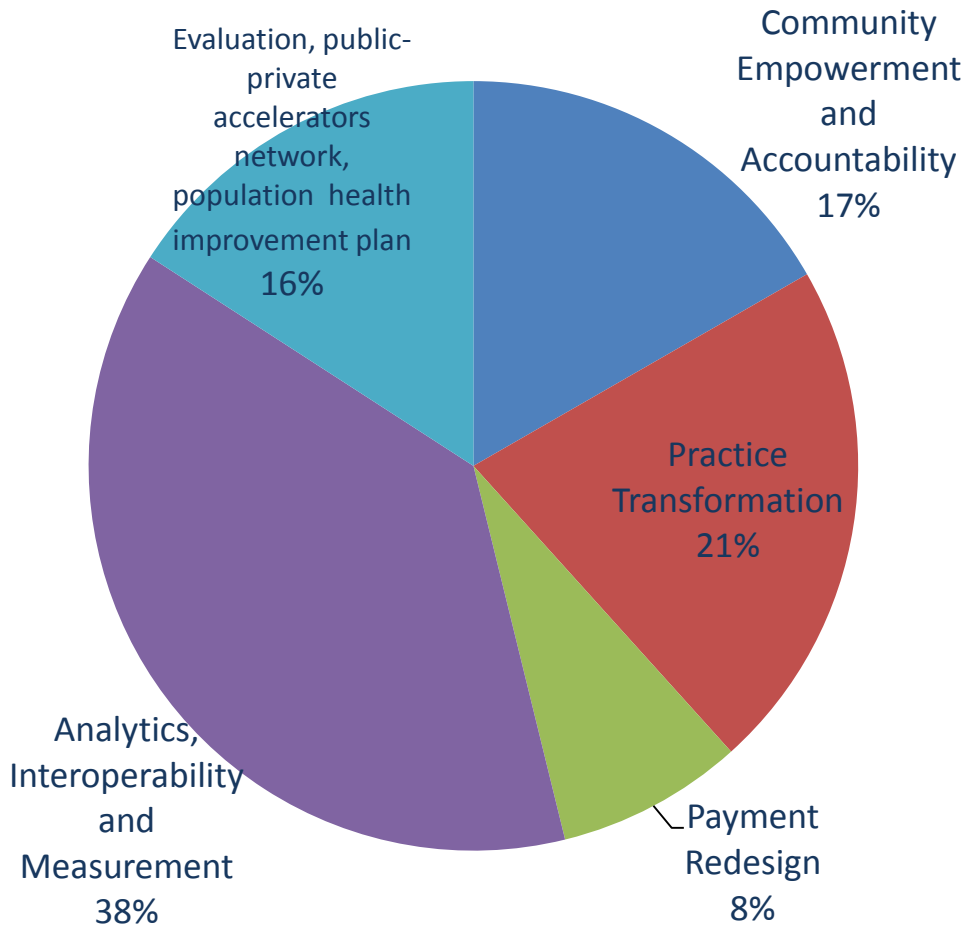
Year 2:
Launch

Year 3:
Learning
and
Refinement

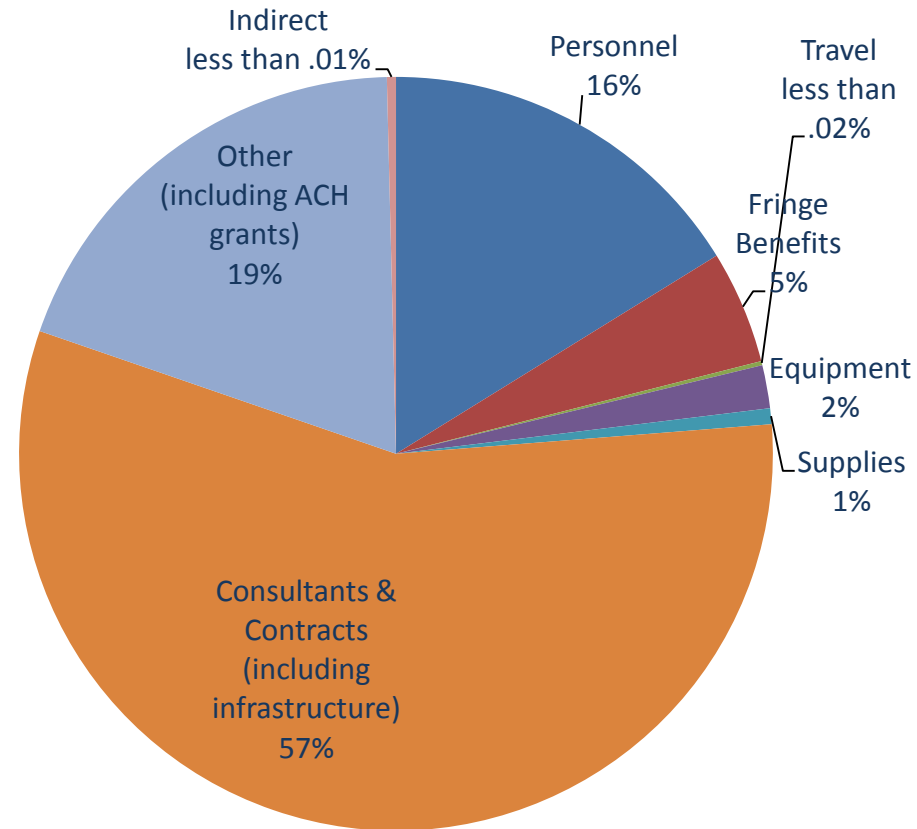
Year 4:
Evaluation

Healthier Washington grant spending

By grant area



By budget category





Healthier Washington Medicaid transformation waiver

- Exploring potential 1115 waiver with Centers for Medicare and Medicaid Services
- Waiver could:
 - Give flexibility to accelerate health delivery system transformation
 - Give Washington the investment needed to scale, spread, and sustain transformation
 - Fully capitalize on federal investments through Medicaid expansion, SIM grant
 - Strengthen Washington's commitment to community empowerment, accountability

Strategy 1: Build healthier communities through a collaborative regional approach



Accountable Communities of Health

“Regionally governed, public-private collaborative tailored by region to align actions and initiatives of a diverse coalition of players in order to achieve healthy communities and populations.”

—*State Health Care Innovation Plan*



No single sector can do it alone

- No single sector or organization in a community can create transformative, lasting change in health and health care alone
- Accountable Communities of Health (ACHs) will:
 - Facilitate collaborative decision-making across multiple sectors and systems
 - Engage in state-community partnership to achieve transformative results

ACH boundaries and pilot ACHs

Aligning sectors, resources, and strategies around community and state priorities



Pilots:

Cascade Pacific:

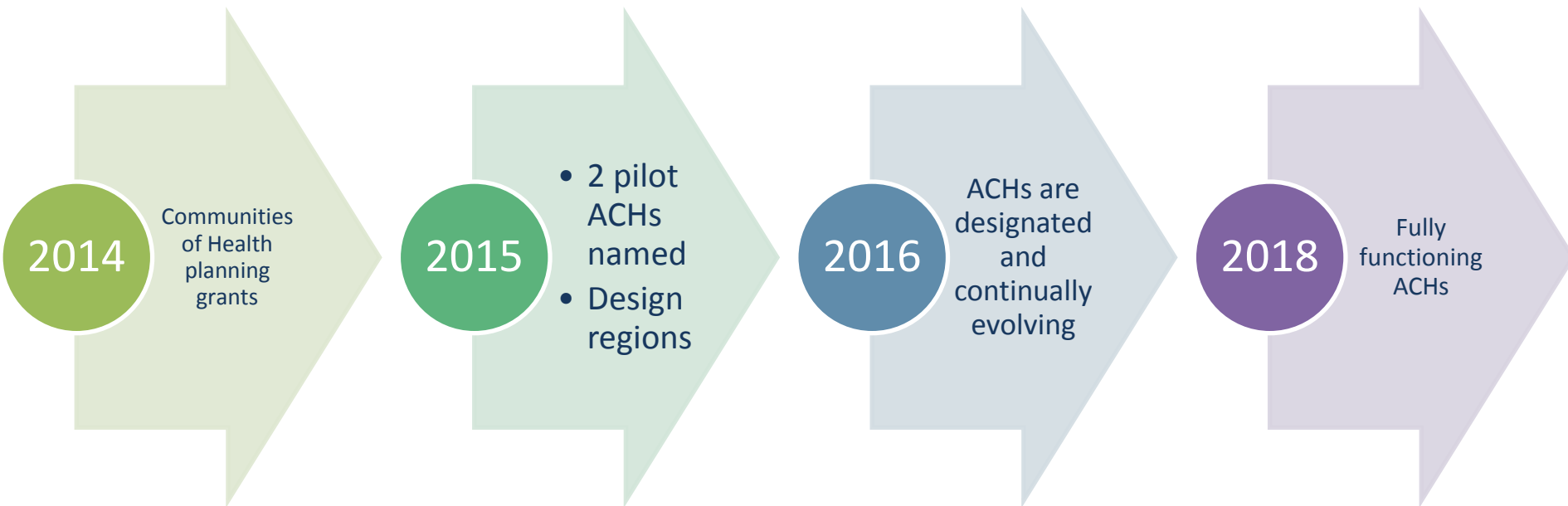
- Backbone Support – CHOICE Regional Health Network

North Sound ACH:

- Backbone Support – Whatcom Alliance for Health Advancement



ACH timeline



Strategy 2: Ensure health care
focuses on the whole person



Integrate physical, behavioral health

“Governor Jay Inslee has articulated a vision of full integration of mental health, chemical dependency and physical health care to improve health, advance care quality and control costs.”

Office of the Governor, November 2013 statement, *A New Approach to Behavioral Health Purchasing*

- Senate Bill 6312 integrates physical health, mental health, and chemical dependency in a managed care health system for Medicaid clients by 2020
- Shared savings incentives (payments targeted at 10 percent of savings realized by state) in Early Adopter regions in April 2016

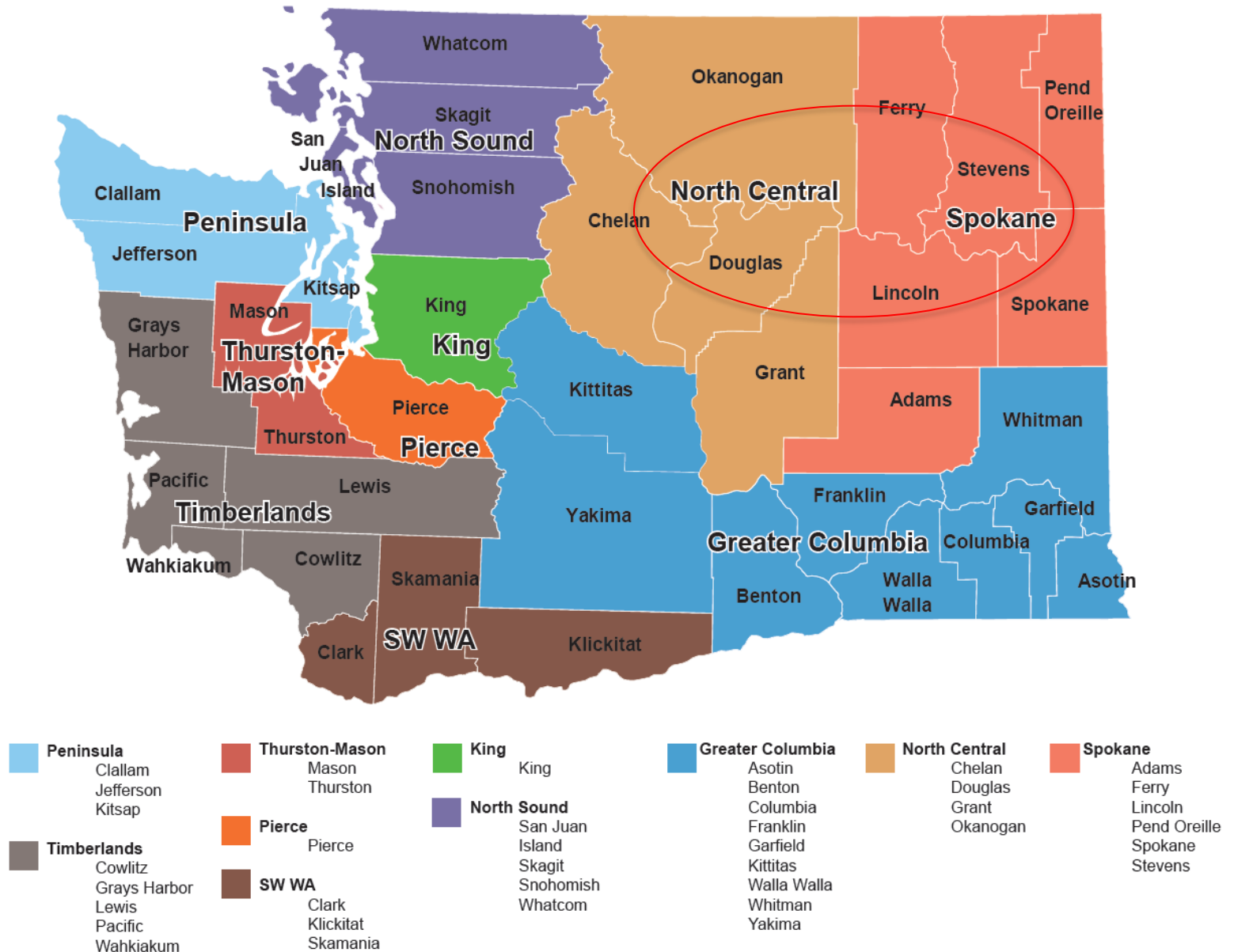


Regional Service Areas

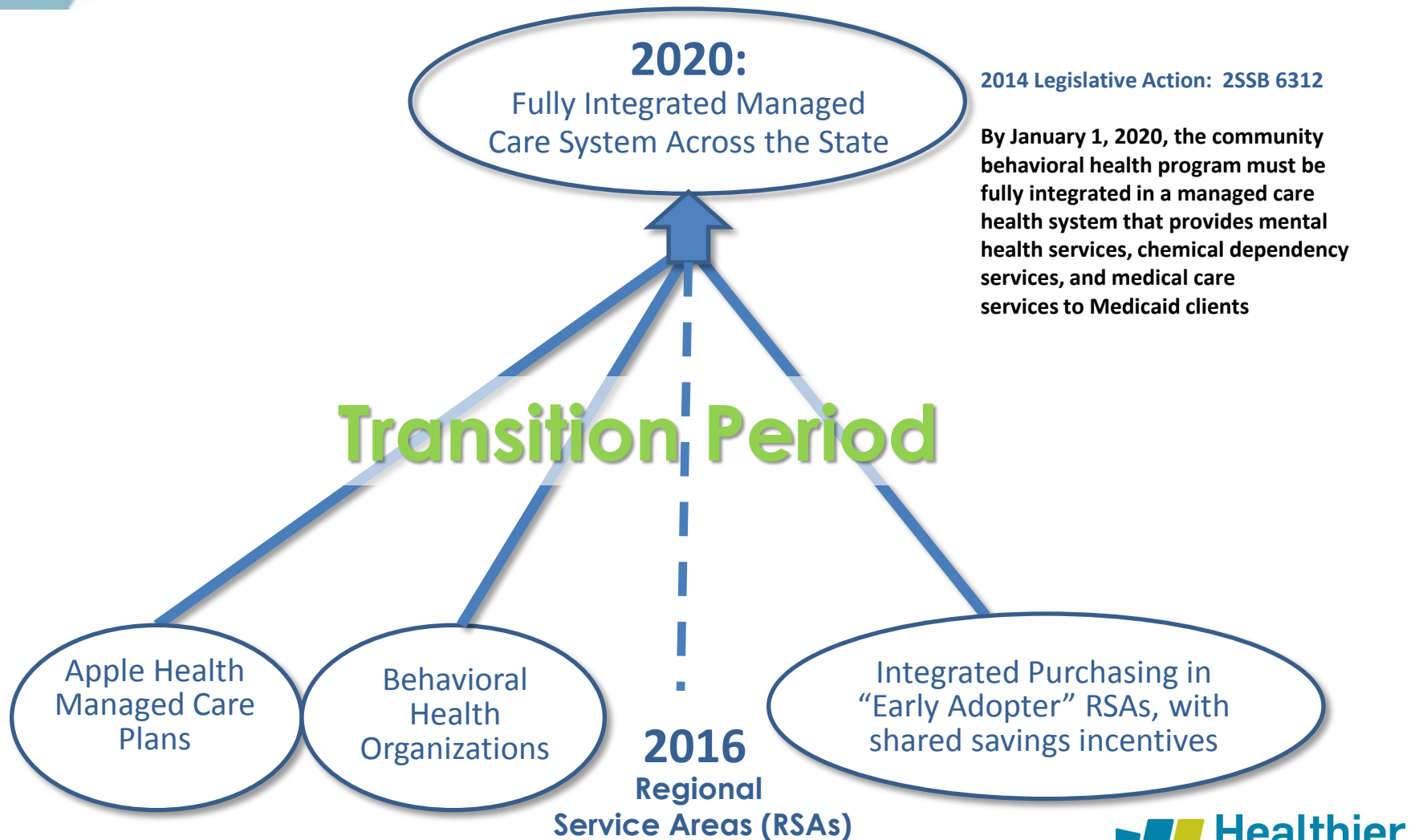
A common regional purchasing approach:

- Recognizes that health and health care are local.
- Promotes shared accountability within each region for the health and well-being of its residents.
- Empowers local and county entities to develop bottom-up approaches to transformation that apply to community priorities and environments.
- Aligned with Accountable Communities of Health

Regional Service Areas



Medicaid integration pathway





Practice Transformation Support Hub

Support providers across the state to effectively coordinate care, increase capacity, and adapt to value-based reimbursement strategies.

- Help providers with integration of physical and behavioral health.
- Help providers move from volume to value-based care.
- Help build broader community clinical linkages in service of the whole person.

Strategy 3: Improve how we pay
for services



Four payment redesign models

- **Model Test 1: Early Adopter of Medicaid Integration**

Test how integrated Medicaid financing for physical and behavioral health accelerates delivery of whole-person care

- **Model Test 2: Encounter-based to Value-based**

Test value-based payments in Medicaid for federally qualified health centers and rural health clinics; pursue new flexibility in delivery and financial incentives for participating Critical Access Hospitals

- **Model Test 3: Puget Sound PEB and Multi-Purchaser**

Through existing PEB partners and volunteering purchasers, test new accountable network, benefit design, and payment approaches

- **Model Test 4: Greater Washington Multi-Payer**

Test integrated finance and delivery through a multi-payer network with a capacity to coordinate, share risk and engage a sizeable population

None of this can happen without
some key foundational elements



Measurement and transparency

- Common performance measures required in HB 2572.
- “Starter set” completed and approved December 2014.
- Leverage measures to statewide reporting on cost and quality performance.
- Must be transparent for consumers, providers, and purchasers to ensure improved quality and informed decision making.



Core measure areas

Prevention	Acute care	Chronic illness
<ul style="list-style-type: none">• Adult screenings• Behavioral health/depression• Childhood: Early and adolescents• Immunizations• Nutrition/physical activity/obesity• Obstetrics• Oral health• Safety/accident prevention• Tobacco cessation• Utilization	<ul style="list-style-type: none">• Avoidance of overuse• Behavioral health• Cardiac• Cost and utilization• Readmissions/care transitions• Obstetrics• Patient experience• Patient safety• Pediatric• Potentially avoidable care• Stroke	<ul style="list-style-type: none">• Asthma• Care coordination• Depression• Diabetes• Drug and alcohol use• Functional status• Hypertension and cardiovascular disease• Medications



Data-driven decision-making

- Enhance information exchange so our providers can access clinical data at point of service.
- Bolster analytic capacity at state level to support informed purchasing.
- Essential to evaluate and monitor the grant, and for health care improvement that is sustainable beyond the life of the grant.

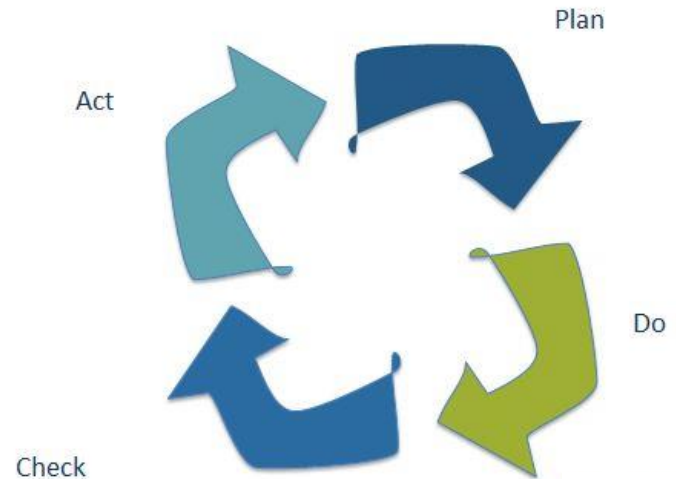


Consumer and family engagement

- Deploy shared decision-making tools.
- Engage individuals and their health care providers in care decisions.
- Help ensure people understand risk, benefits and cost of different choices.

Learning and evaluation

- Continuous rapid-cycle evaluation to learn, adjust, and improve in real time.
- Evaluation led by the University of Washington.



Healthier Washington Team



Governor

Executive Governance

Provide strategic policy direction.

Agencies

Chair Dorothy Teeter, HCA Director
Kevin W. Quigley, DSHS Secretary
John Wiesman, DOH Secretary

Governor's Office

Co-chair, Bob Crittenden
Senior Policy Advisor
Andi Smith, Senior Policy Advisor

Coordinator

Ensure work is quality, timely, and communicated.

Nathan Johnson, Chief Policy Officer, HCA

Consulted Leadership Team

Provide consultation to ensure success of Core Team and Project Teams.

Jane Beyer (DSHS)
Amy Blondin (HCA)
Danielle Cruver (OFM)
Charissa Fotinos, MD (HCA)
Thuy Hua-Ly (HCA)
Karen Jensen (DOH)
Dan Lessler, MD (HCA)

MaryAnne Lindeblad (HCA)
Susan Lucas (HCA)
Lou McDermott (HCA)
Bill Moss (DSHS)
Rich Pannkuk (OFM)
Dennis Worsham (DOH)

Core Team

Ensure success of Coordinator and Project Teams.

AIM Director
Communications Consultant
Community Transformation Mgr.
• Chase Napier
Deputy Director
Policy, Planning and Performance
• Kari Leitch

DOH Connector
• Sue Grinnell
DSHS Connector
Evaluation Staff
Hub Director
HW Deputy Coordinator
• Laura Zaichkin

Medicaid Transformation Mgr.
Operations Mgr.
• Alyson Chase
P3 Special Assistant for Policy and Programs
• Rachel Quinn
Practice Transformation Manager

Project Teams

Complete project milestones.

Analytics, Interoperability and Measurement
Community Empowerment and Accountability
Payment Redesign

Practice Transformation Support
Project Management

Health Innovation Leadership Network

Governor selected, accelerator role, quarterly meetings

HILN Advisory Committees

Analytics, Interoperability and Measurement
Community Empowerment and Accountability
Evaluation Council
Payment Redesign
Practice Transformation Support
Project Management

Healthier Washington Engagement Opportunities

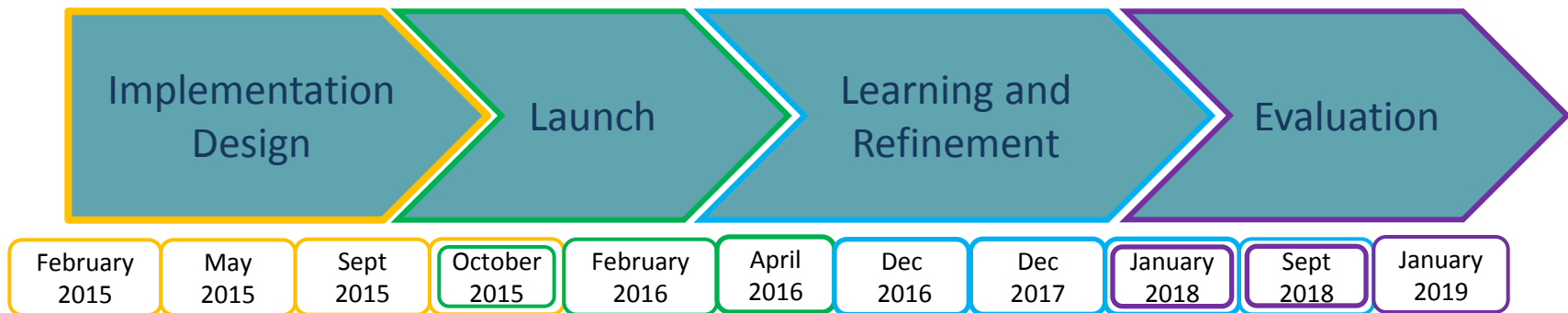
Feedback Network
Project-specific convenings
Solicitations and public comment periods
Tribal consultations
Webinar series

Website: www.hca.wa.gov/hw

Email: healthierwa@hca.wa.gov

We have four years—let's go!

Healthier Washington Phases



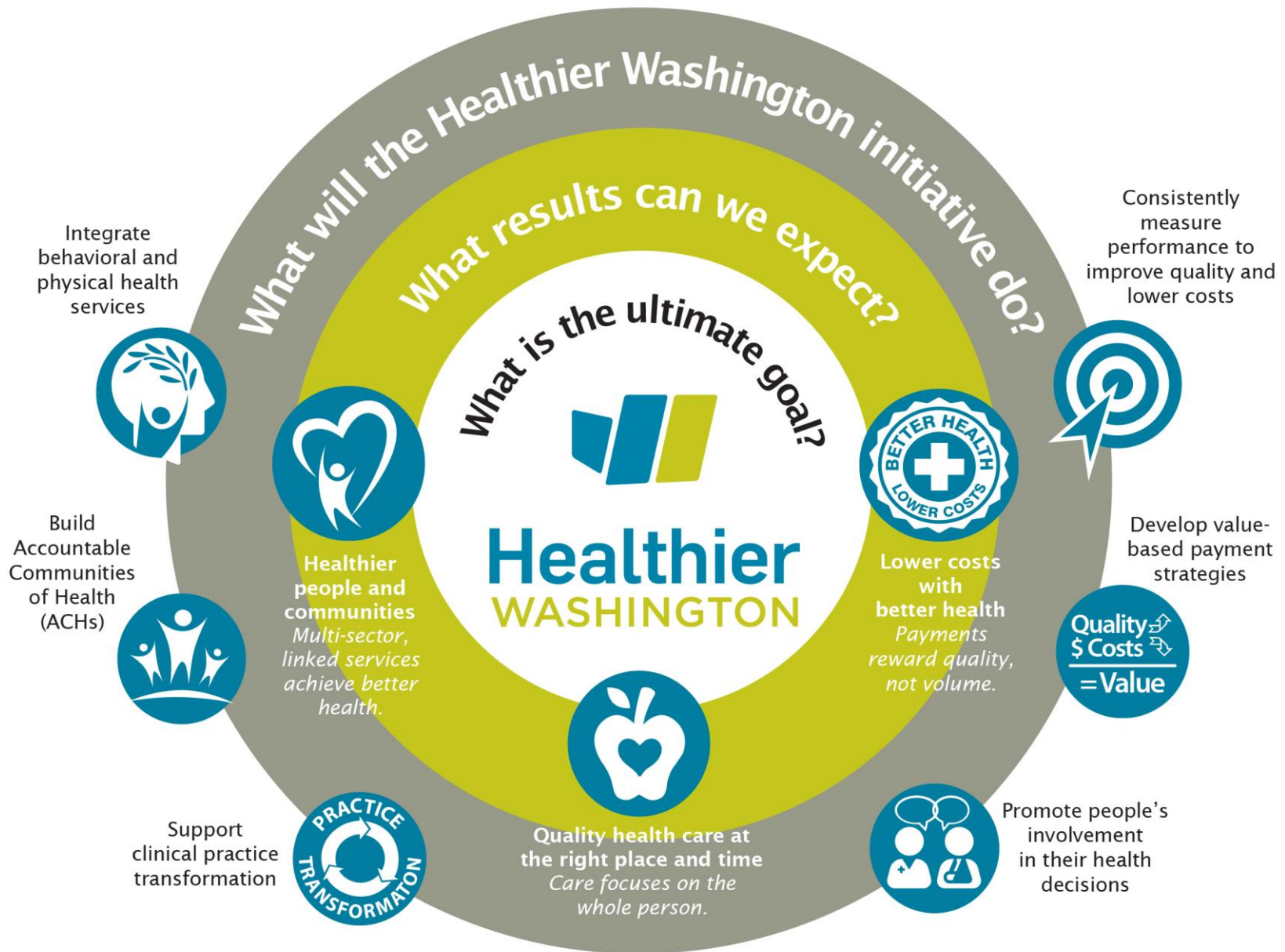


Healthier Washington Engagement Opportunities

- Regular updates through the Healthier Washington Feedback Network
- Healthier Washington webinar series
- Project-specific convenings
- Tribal consultations

Stay up to date on Healthier Washington news and materials at www.hca.wa.gov/hw

Contact us by emailing healthierwa@hca.wa.gov





Question and Answer

- Please submit questions through the question pane or use the “raise hand” function if you would like to be unmuted and ask directly.
- The unanswered questions submitted in the question pane will be themed, answered and posted to the Healthier Washington website.

Join the Healthier
Washington
Feedback
Network:
healthierwa@hca.wa.gov

Learn more:
www.hca.wa.gov/hw

